**DAILY SCHEDULE**

**SUMMER 2019**

7:30 – 8:30 am Breakfast

\*8:30 – 12:00 pm Core Classes

(\*Wed: SRs- Career Days / JRs- Comfit & Healthy Relationships)

12:00 – 1:00 pm Lunch / Tiger’s Den

\*1:00 – 4:00 pm JRs- Enrichment Classes / SRs- Work

(\*3:00 – 4:00pm Mondays & Wednesdays – Phys. Ed.)

4:00 – 5:00 pm Dinner / Tiger’s Den

5:00 – 5:30 pm SA Group Meeting

5:30 – 6:30 pm Skills Strengthening

6:45 – 7:45 pm Free time (if schedule allows)

Phone calls/Visits

8:00 – 10:00 pm Evening activity

10:00 – 10:45 pm Snack / Free time (in residence hall only)

10:45 – 11:00 pm RA Group Meeting (if necessary)

11:00 – 11:15 pm Go to room / Room checks

11:30 pm Lights out